



Wilmette Park District
LUNCH MENU
 January – March 2012



Monday	Tuesday	Wednesday	Thursday	Friday
1/30, 2/27 Chicken Patty Diced Cheesy Potatoes Cooked Carrots Wheat Bread Applesauce	1/3, 1/31, 2/28 Lemon Chicken Breast Rice Pilaf Spinach Romaine Salad Dressing Fresh Fruit	1/4, 2/1, 2/29 Kiddie Lasagna Fresh Cucumber & Dip Wheat Bread Banana	1/5, 2/2, 3/1 Meatballs in BBQ Sauce Mashed Potatoes Green Beans & Peas Wheat bread Fresh Fruit	1/6, 2/3, 3/2 Beef Franks & Beans Creamy Corn Wheat Bread Diced Peaches
1/9, 2/6, 3/5 Turkey Taco on a Tortilla Spanish Rice Tomato Wedges Baby Carrots Salsa Orange	1/10, 2/7, 3/6 Mostacolli & Meat Sauce Cooked Carrots Green Bean Salad Fresh Fruit	1/11, 2/8, 3/7 Chicken Parmesan Spaghetti Cooked Spinach Creamy Corn Wheat Bread Banana	1/12, 2/9, 3/8 Salisbury Steak Mashed Potatoes Fresh Broccoli & Dip Wheat Bread Fresh Fruit	1/13, 2/10, 3/9 Cheese Pizza on Pita Baby Carrots Pineapple Coleslaw Applesauce
1/16, 2/13, 3/12 Turkey in BBQ Sauce Roasted Potatoes Sweet Corn Wheat Bread Mandarin Oranges	1/17, 2/14, 3/13 Turkey Sloppy Joe on Bun Macaroni & Cheese Green Beans Pineapple Coleslaw Diced Peaches	1/18, 2/15, 3/14 Broccoli Chicken Fettuccini Pasta Cooked Carrots Tomato Wedges Banana	1/19, 2/16, 3/15 Chicken Nuggets Cheesy Mashed Potatoes Sweet Peas Wheat Bread Fresh Fruit	1/20, 2/17, 3/16 Meatloaf Mashed Potatoes Baby Carrots Wheat Bread Orange
1/23, 2/20, 3/19 Chicken Nuggets Creamy Corn Vegetarian Baked Beans Wheat Bread Diced Pears	1/24, 2/21, 3/20 Baked Chicken Breast Rice Pilaf Fresh Cucumbers Spinach Romaine Salad Fresh Fruit	1/25, 2/22, 3/21 Meatballs in BBQ Sauce Mashed Potatoes Green Beans & Peas Wheat Bread Banana	1/26, 2/23, 3/22 Beef & Turkey Pizza Cooked Carrots Spinach Romaine Salad Pita Orange	1/27, 2/24, 3/23 Baked Mostacolli Sweet Peas Baby Carrots Fresh Fruit